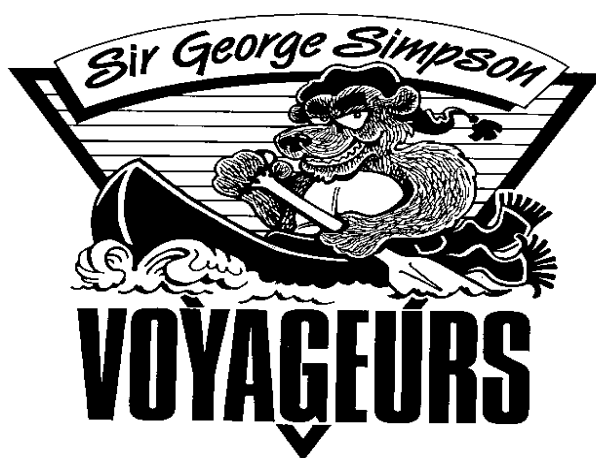


OPTIONS

ÉCOLE SIR GEORGE SIMPSON SCHOOL
St. Albert Public Schools



OPEN HOUSE APRIL 3, 2019

sgsjh.spschools.org

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Spirit Growth
Success

WELCOME TO SIR GEORGE SIMPSON!

The uniqueness and strength of our school lies in the programs offered. Our school houses English, French Immersion and Late French Immersion, Knowledge & Employability, Learning Assistance, Opportunity, Academic Challenge, and Behaviour Improvement. While learning in their different programs, all students rally around our school motto "Spirit, Growth, Success".

Spirit

Courage, determination, enthusiasm, sharing, respect of self and others; this is SGS spirit. At Sir George Simpson School, spirit is celebrated and promoted as an important component of our character education program.

Growth

Growth is the process of becoming the very best you can be. At Sir George Simpson, we provide growth through a wide range of educational and recreational activities.

Success

At Sir George Simpson, we recognize that all students can experience success. Every single student is talented in his or her own way. We celebrate personal and collective success in all areas: academic, sports, extra-curricular, literacy and music.

Randy Roszell - Principal

JoAnn Blachford – Assistant Principal

Marg Hansen – Counsellor

Michelle Lutic – Special Needs Lead Teacher

Our Programs of Education

We are proud of our tradition of excellence in the academics, fine arts, career and technology studies, and athletics. A very important part of each student's timetable is devoted to instruction in all core subjects: English Language Arts, Mathematics, Science, Social Studies, and, for the French Immersion students, French Language Arts. In an effort to provide a well rounded education and to build on student interest, we also offer a broad and diverse selection of options from which our students may choose.

Physical Education Program Overview

The aim of the physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. Using a variety of activities and learning experiences, physical education strives to develop the whole being and promote personal development through four general outcomes:

- **Activity:** Acquire skills through a variety of developmentally appropriate movement activities, dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics, and outdoor pursuits.
- **Benefits Health:** Understand experience and appreciate the health benefits that result from physical activity.
- **Cooperation:** Interact positively with others.
- **Do it Daily for Life:** Assume responsibility to lead an active way of life.
Some activities may include: Cross Country Running, Fitness, Volleyball, Soccer, Lacrosse, Flag Football, Stuntnastics, Dance, Basketball, Badminton, Indoor Games, Track & Field, Wall Climbing, Archery, Outdoor Games, and Swimming.
- **Assessment:** Students will be evaluated on attitude, effort, participation, skills, change out for class and knowledge.



Academic Coaching – Grade 8 & 9



The primary focus of this option is to assist students with their core subjects, particularly in Mathematics and Language Arts. This course is intended to allow students to effectively complete assignments and receive small group and individual assistance. Students will also develop skills such as time management and organization of their school materials, binders, and lockers, as well as test-writing and note-taking skills. Motivation is key for success in this class. Registration in this option requires teacher approval.

Art



This course is designed to allow students to be creative and express themselves with various art materials in a variety of art media. Projects are designed so that every student may feel successful regardless of the artistic ability he or she may have. Students will be introduced to the following art media: drawing (including pencil, scratch art, charcoal, oil pastel); painting (watercolour, acrylic); 3D creations (collage, 3D paper construction, etc.).

Course Fee: \$30.00 (Option A – 3 times per week) & \$20.00 (Option B – 2 times per week)

Band



Be part of an exciting team; learn to play an instrument and read music – JOIN THE BAND! At the Grade Seven level you will choose an instrument – Flute, Clarinet, Saxophone, Trumpet, French Horn, Trombone, Baritone, Tuba or Percussion and begin the experience. In grade eight and nine you will become a member of the showcase band of the music program. During the year we perform ten to sixteen concerts which may include:

- Our annual Christmas Concert, St. Albert Rotary Festival, and Spring Concert
- Performances for various elementary audiences in St. Albert in March
- National Anthem Performance at an Oil King's Hockey Game
- Festival of Trees at the Shaw Conference Centre in November
- Open House at Sir George Simpson in April
- Music Camp – a two day camp at Lake Nakamun for all grades
- Our annual Music Tour, which alternates every year between Alberta and British Columbia at the beginning of May.

Course Fee: \$50.00

Book Club / Film Studies - Grade 8 & 9



Do you love stories - both reading them and watching movies? Then this option is for you! Join together with other bibliophiles (book lovers) in a casual environment where you get to read, view and talk about stories with others. Also, we can have snacks! Students can expect a \$30.00 fee for books that they will purchase to keep. In addition, we may order books as a class set for them to borrow. Field trips to movies may be a possibility but truly a passion for reading and a more in-depth look at film is ALL that is needed to be successful.

Fieldtrip Fee: \$30.00

Drama 7 & 8 (see Play Production for Grade 9 Drama)



Drama 7 and 8 are both fun skill-based courses designed to stimulate the imagination, and to encourage personal growth. Through the instruction of *Movement*, *Speech*, *Improvisation*, and *Theatre Studies* students will learn how to be perceptive viewers, poised speakers, and discerning listeners. Students acquire skills in both the off-stage and on-stage process of performance, and in doing so discover in themselves: responsibility, leadership, patience, and confidence. No prerequisite is required to register other than an keen interest and a willingness to participate and try new things. Students are expected to be able to work as individuals and with other group members.

Fieldtrip Fee: \$30.00



Fit for Life

The goal of this option is to encourage students to develop a lifelong interest and active involvement in creating and maintaining a healthy lifestyle. Students will participate in running, muscular endurance training, circuits, aerobic activity, swimming, golf, hot/suspension yoga, rugby, football, ultimate Frisbee, broomball, and snow activities. Students will also develop an understanding of numerous fitness concepts, anatomy, spinal cord awareness, and first aid. Other activities **MAY** include scuba diving, boarding/skiing, sports climbing, boxing, and Zorb Ball. A set user fee for trips will be collected at the start of the school year.



Course Fee: \$50.00 (Option A – 3 times per week) & \$35.00 (Option B – 2 times per week)

Fieldtrip Fee: \$70.00 (Option A or Option B)

Foods and Fashion Studies



Students will complete one foods studies module and one fashion (sewing) module. Students will enjoy preparing a variety of recipes for appetizers, breakfasts, lunches, dinners and baked goods, while they develop the basic skills and habits for cooking and making healthy food choices. **Please note: Some dietary requirements will not always be able to be accommodated.** During the fashion portion of the program, students will learn basic sewing skills, as well as how to safely operate sewing and pressing equipment. Students are responsible for purchasing their own supplies for sewing projects and will be able to take all projects home upon completion.

Course Fee: \$40.00 (Option A – 3 times per week) & \$30.00 (Option B – 2 times per week)

French As A Second Language – Grade 7



Learn French in a relaxed and pleasant environment. While learning French vocabulary, students will be challenged to engage in conversation and many other fun endeavours. Bienvenue!
[This option will only be offered if there is sufficient interest.]

Guitar



Learn to play guitar! Students begin by learning to read simple melodies and chords. This option is designed for beginners. The fee covers instrument rental and supplies.

Course Fee: \$20.00

Hockey Academy (French Immersion students only)



Our French Immersion students are invited to attend the Hockey Academy offered by W. D. Cuts. Students will have on-ice practices twice a week. Transportation from the school to the arena is provided within school hours. Find out more and register at www.athleticacademy.spschools.org. *Students attending Special Needs programs at SGS will also be considered for the Hockey Academy.

Registration Fee: \$240.00 (non-refundable)

Monthly Fee: \$160.00 (Sept – May)

Industrial Arts



The Industrial Arts option gives students the opportunity to choose from three modules. **Metals:** Students will use basic tools, materials and processes to fabricate projects from metal, specifically sheet metal and bar stock. **Plastics:** Students will layout, cut, shape, form, and assemble projects made of plastic. **Woods:** Students will design, layout, cut, assemble, and finish projects using a variety of hand and power tools. Each student is assessed to see what level they should start at.

Course Fee: \$40.00 (Option A – 3 times per week) & \$30.00 (Option B – 2 times per week)

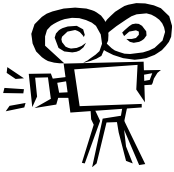
Leadership – Grade 9



The leadership option is an opportunity for students to serve the school and community. In addition to several fun filled activities such as dances and other student initiated activities, students will be called to lead the school in service projects and other endeavours related to social justice, human rights and character development.

Fieldtrip Fee: \$20.00

Multimedia Studies



Multimedia is an exciting, technology rich option that exposes students to a variety of media applications. Students are taught concepts related to animation, photography, video production, editing, coding and podcasting. Multimedia takes advantage of a wide array of equipment in order to reinforce concepts through hands on group projects. Multimedia students often create short video productions for various events in the school. Creativity, experimentation and cooperation are strongly encouraged.

Course Fee: \$40.00 (Option A – 3 times per week) & \$30.00 (Option B – 2 times per week)

Outdoor Education



Are you a true Voyageur? Are you ready for an adventure? Welcome to the wilderness!!! In the spirit of our Voyageurs tradition, students in this option will have the opportunity to learn about hiking, canoeing, environment awareness, animal identification, survival, and several other exciting skills. Canoeing expeditions and overnight camping trips are also part of the program.

Fieldtrip (camping) Fee: \$300.00

Outdoor Pursuits



The aim of the Outdoor Pursuits course is to develop the knowledge, skills and positive attitudes of individuals, so that they will be self-confident, capable and committed to setting goals, making informed choices in preparation for lifelong educational experiences. The option is both classroom and activity based. Individuals must be willing to take part in group activities and in individual indoor and outdoor activities in a variety of settings. Some of the activities that may be offered include the following: soccer; broomball; x-country skiing; ringette; flag football; archery; co-operative games; sports climbing, field lacrosse, etc.

Play Production 9 – Grade 9 Drama



Play Production 9 is a special course designed to provide students with the chance to challenge themselves in the area of play creation. Students will learn what it means to audition, prepare, and perform a play. The course runs throughout the regular school day, with the students presenting their final product in May, performing matinee and evening shows. The experience involves self-motivation and commitment while students take direction in blocking, line memorization, and acting technique, all with the ultimate reward of being a part of an amazing final production!

Fieldtrip Fee: \$30.00

Singing Ensemble – Grade 7



Sir George Simpson is thrilled to announce its newest Fine Arts option: Singing! Are you wanting to improve your musical skills with note reading, singing and performing? Do you love to learn about music past and present? Do you love to record original compositions? This class is designed for students to develop their musical talents through singing, customized to their learning style and their interests. A musical theatre element and performances with instrumental ensemble will be included and all students will be provided performance opportunities throughout the year tailored to fit their comfort and skill. This is a unique opportunity for the students to develop their own musical skills and creativity. A wonderful complement to their private music studies, the SGS Band and Drama programs.

Fieldtrip Fee: \$30.00

Yoga – Grade 7 & 8



Yoga, a life-changing option! The goal of this option is to develop a yoga practice that encourages students to shut out the many stimulants that surround them and learn to listen to their own bodies for guidance. Yoga promotes healthier lifestyles and better decision making for students in this transitional age. Yoga will be kept as a fun activity while stimulating many learning styles and providing time for quiet breathing, self-reflection, muscle strengthening and balance amid a fast paced and sometimes stressful world. Along with the practical portion of YOGA, students will also participate in other fitness-related activities that will help prepare them for their journey.

Fieldtrip Fee: \$20.00

Yoga / Girl Power - Grade 9



This option will combine Yoga (as described above) with Girl Power where we will examine issues and challenges current to teenage girls. This year's course will be student-led but will have focus in the following areas: self-esteem, empowerment, health awareness and body image, eating disorders, media and women, friendships, depression, anxiety, careers and healthy relationships. We will also offer support through fundraising and volunteering.

Course Fee: \$15.00

Fieldtrip Fee: \$20.00

**PLEASE NOTE: A REGISTRATION FORM (OR REGISTRATION COMPLETED ON-LINE)
MUST BE INCLUDED WITH THE OPTION FORM**

SCHOOL FEES

School fee invoices are sent out in late September/early October once the students are set in their options.

The student activity fee includes all curricular field trips, guest speakers, author visits and workshops. Option fees and extra-curricular field trips are not included in this assessment.

Grade 7 Student Activities Fee	\$ 70.00
Grade 8 Student Activities Fee	\$ 70.00
Grade 9 Student Activities Fee	\$ 90.00
Life Skills and PACE Student Field Trip Fee	\$ 20.00

<u>OPTION FEES</u>	Yearly Fee	Yearly Fee
	OPTION A	OPTION B
Art	\$ 30.00	\$ 20.00
Band	\$ 50.00	\$ 50.00
Book Club / Film Studies <i>Field trip fee</i>	\$ 30.00	\$ 30.00
Drama <i>Field trip fee</i>	\$ 30.00	\$ 30.00
Fit For Life <i>Course fee</i>	\$ 50.00	\$ 35.00
<i>Field trip fee</i>	\$ 70.00	\$ 70.00
Foods and Fashion	\$ 40.00	\$ 30.00
Girl Power	\$ 15.00	N/A
Guitar	N/A	\$ 20.00
Hockey Academy (French Immersion students only)	N/A	\$160.00 per month**
Industrial Arts	\$ 40.00	\$ 30.00
Leadership <i>Field trip fee</i>	N/A	\$ 20.00
Multimedia Studies	\$ 40.00	\$ 30.00
Outdoor Education (camping) <i>Field trip fee</i>	\$300.00	\$300.00
Singing Ensemble <i>Field trip fee</i>	N/A	\$ 30.00
Yoga <i>Field trip fee</i>	N/A	\$ 20.00

BELL SCHEDULE

8:21.....Warning Bell
8:25 – 8:30.....Registration
8:32 – 12:03....Classes

12:03 - 12:43....LUNCH

12:43 Warning Bell
12:45 – 12:48....Registration
12:51 – 3:00....Classes
3:00.....Dismissal



** \$240 registration fee (non-refundable) plus
9 monthly payments of \$160