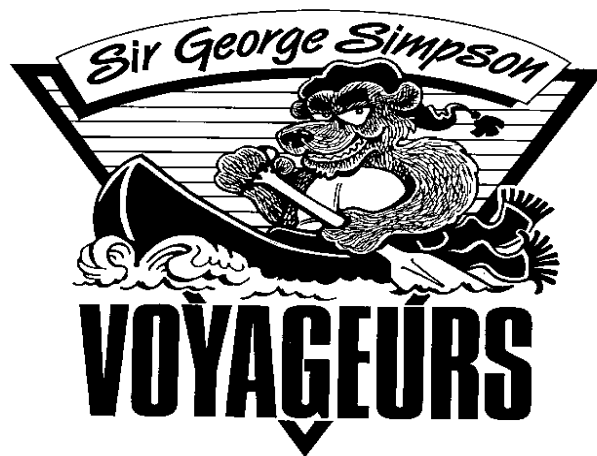


OPTIONS

ÉCOLE SIR GEORGE SIMPSON SCHOOL
St. Albert Public Schools



OPEN HOUSE APRIL 19, 2018

sgsjh.spschools.org

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Spirit growth
Success

WELCOME TO SIR GEORGE SIMPSON!

The uniqueness and strength of our school lies in the programs offered. Our school houses English, French Immersion and Late French Immersion, Knowledge & Employability, Learning Assistance, Opportunity, Academic Challenge, and Behaviour Improvement. While learning in their different programs, all students rally around our school motto “Spirit, Growth, Success”.

Spirit

Courage, determination, enthusiasm, sharing, respect of self and others; this is SGS spirit. At Sir George Simpson School, spirit is celebrated and promoted as an important component of our character education program.

Growth

Growth is the process of becoming the very best you can be. At Sir George Simpson, we provide growth through a wide range of educational and recreational activities.

Success

At Sir George Simpson, we recognize that all students can experience success. Every single student is talented in his or her own way. We celebrate personal and collective success in all areas: academic, sports, extra-curricular, literacy and music.

Pierre Rousseau - Principal

JoAnn Blachford – Assistant Principal

Marg Hansen – Counsellor

Meghan Wiens – Special Needs Lead Teacher

Our Programs of Education

We are proud of our tradition of excellence in the academics, fine arts, career and technology studies, and athletics. A very important part of each student’s timetable is devoted to instruction in all core subjects: English Language Arts, Mathematics, Science, Social Studies, and, for the French Immersion students, French Language Arts. In an effort to provide a well rounded education and to build on student interest, we also offer a broad and diverse selection of options from which our students may choose.

Physical Education Program Overview

The aim of the physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle.

Using a variety of activities and learning experiences, physical education strives to develop the whole being and promote personal development through four general outcomes:

- **Activity**: Acquire skills through a variety of developmentally appropriate movement activities, dance, games, types of gymnastics, individual activities and activities in an alternative environment; e.g., aquatics, and outdoor pursuits.
- **Benefits Health**: Understand experience and appreciate the health benefits that result from physical activity.
- **Cooperation**: Interact positively with others.
- **Do it Daily for Life**: Assume responsibility to lead an active way of life.

Some activities may include: Cross Country Running, Fitness, Volleyball, Soccer, Lacrosse, Flag Football, Stuntastics, Dance, Basketball, Badminton, Indoor Games, Track & Field, Wall Climbing, Archery, Outdoor Games, and Swimming.

Assessment: Students will be evaluated on attitude, effort, participation, skills, change out for class and knowledge.



Academic Coaching – Grade 8 & 9



The primary focus of this option is to assist students with their core subjects, particularly in Mathematics and Language Arts. This course is intended to allow students to effectively complete assignments and receive small group and individual assistance. Students will also develop skills such as time management and organization of their school materials, binders, and lockers, as well as test-writing and note-taking skills. Motivation is key for success in this class. Registration in this option requires teacher approval.

Art



This course is designed to allow students to be creative and express themselves with various art materials in a variety of art media. Projects are designed so that every student may feel successful regardless of the artistic ability he or she may have. Students will be introduced to the following art media: drawing (including pencil, charcoal, and oil pastel); painting (watercolour, tempera); sculpture (various construction materials including wire and plaster); clay (hand built and pottery); collage, animation and printmaking.

Band



Be part of an exciting team; learn to play an instrument and read music – JOIN THE BAND! At the Grade Seven level you will choose an instrument – Flute, Clarinet, Saxophone, Trumpet, French Horn, Trombone, Baritone, Tuba or Percussion and begin the experience. In grade eight and nine you will become a member of the showcase band of the music program. During the year we perform ten to sixteen concerts which may include:

- Our annual Christmas Concert, St. Albert Rotary Festival, and Spring Concert
- Performances for various elementary audiences in St. Albert in March
- National Anthem Performance at an Oil King's Hockey Game
- Festival of Trees at the Shaw Conference Centre in November
- Open House at Sir George Simpson in April
- Music Camp – a two day camp at Lake Nakamun for all grades
- Our annual Music Tour, which alternates every year between Alberta and British Columbia at the beginning of May.

Book Club / Film Studies - Grade 8 & 9



Do you love stories - both reading them and watching movies? Then this option is for you! Join together with other bibliophiles (book lovers) in a casual environment where you get to read, view and talk about stories with others. Also, we can have snacks! Students can expect a \$30.00 fee for books that they will purchase to keep. In addition, we may order books as a class set for them to borrow. Field trips to movies may be a possibility but truly a passion for reading and a more in-depth look at film is ALL that is needed to be successful.

Drama 7 & 8 (see Play Production for Grade 9 Drama)



Drama 7 and 8 are both fun skill-based courses designed to stimulate the imagination, and to encourage personal growth. Through the instruction of *Movement, Speech, Improvisation*, and *Theatre Studies* students will learn how to be perceptive viewers, poised speakers, and discerning listeners. Students acquire skills in both the off-stage and on-stage process of performance, and in doing so discover in themselves: responsibility, leadership, patience, and confidence. No prerequisite is required to register other than an keen interest and a willingness to participate and try new things. Students are expected to be able to work as individuals and with other group members.



First Nation & Métis Culture, Traditions and Challenges – Grade 7 & 8

Join us and learn about our First Nation and Métis Traditions, History, Art and Spirituality. This option is open to all students. It will be complemented with meetings with elders and field trips to several native and Métis sites.

Fit for Life



The goal of this option is to encourage students to develop a lifelong interest and active involvement in creating and maintaining a healthy lifestyle. Students will participate in running, muscular endurance training, circuits, aerobic activity, swimming, golf, hot/suspension yoga, rugby, football, ultimate Frisbee, broomball, and snow activities. Students will also develop an understanding of numerous fitness concepts, anatomy, spinal cord awareness, and first aid. Other activities **MAY** include scuba diving, boarding/skiing, sports climbing, boxing, and Zorb Ball. A set user fee for trips will be collected at the start of the school year.



Foods and Fashion Studies



Students will complete two foods studies modules and one fashion (sewing) module. Students are responsible for purchasing their own supplies for sewing projects. Some projects will be available for purchase through the school. Students will take all projects home upon completion. Students will enjoy preparing gourmet delights while learning the basics of successful cooking and the benefits of healthy food choices. During the fashion (sewing) portion of the program, the students will familiarize themselves with basic sewing skills, as well as sewing and pressing equipment.

French As A Second Language – Grade 7



Learn French in a relaxed and pleasant environment. While learning French vocabulary, students will be challenged to engage in conversation and many other fun endeavours. Bienvenue!

[This option will only be offered if there is sufficient interest.]

Girl Power - Grade 8



This option will examine topics current to teenage girls. This year's course may include the following: self-esteem and empowerment, health awareness and body image, eating disorders, media and women, friendships, depression, anxiety, careers and healthy relationships as well as any other topics that are of interest and issues with which students are concerned.

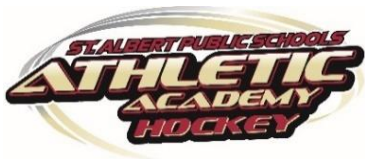
Guitar



Learn to play guitar! Students begin by learning to read simple melodies and chords. This option is designed for beginners. The fee covers instrument rental and supplies.

Hockey Academy (French Immersion students only)

Our French Immersion students are invited to attend the Hockey Academy offered by W. D. Cuts. Students will have on-ice practices twice a week. Transportation from the school to the arena is provided within school hours. Find out more and register at www.athleticacademy.spschools.org. *Students attending Special Needs programs at SGS will also be considered for the Hockey Academy.



Industrial Arts



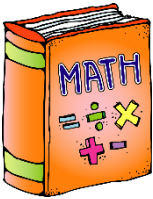
The Industrial Arts option gives students the opportunity to choose from three modules. **Metals:** Students will use basic tools, materials and processes to fabricate projects from metal, specifically sheet metal and bar stock. **Plastics:** Students will layout, cut, shape, form, and assemble projects made of plastic. **Woods:** Students will design, layout, cut, assemble, and finish projects using a variety of hand and power tools. Each student is assessed to see what level they should start at.

Leadership – Grade 9



The leadership option is an opportunity for students to serve the school and community. In addition to several fun filled activities such as dances and other student initiated activities, students will be called to lead the school in service projects and other endeavours related to social justice, human rights and character development.

Math Assistance Class (MAC)



Math Assistance Class (MAC) focuses on helping students close gaps that have developed in their mathematical learning. Students who attend MAC may meet some or all of the following criteria:

- they have worked hard in math class in the past but have not been fully successful
- they have seen gaps in their understanding increase with each year of school
- they experience frustration because some conversations in math class don't make sense to them
- they have difficulty putting some basic mathematical ideas into practice

We work on developing the foundation of students' understanding of mathematics so they can regain confidence and see that confidence translated into success in this critical subject area.

Military History – Grade 7 & 8



Do you have a parent in the military? Did your grandfather fight in a war for Canada? Are you interested in Canada's participation in various wars? Do you want to learn Social Studies in a different way? This option will allow you to learn more about Canada's participation in World War I, World War II, the Korean War and the War in Afghanistan. We will also do research at various archives throughout the region, researching Canadian soldiers' biographies through old documents and learn how they lived, what they wrote, and perhaps connect with their family members. We will also be involved with Remembrance Day ceremonies both at the school and at the municipal level.

Multimedia Studies



Multimedia is an exciting, technology rich option that exposes students to a variety of media applications. Students are taught concepts related to animation, photography, video production, editing, coding and podcasting. Multimedia takes advantage of a wide array of equipment in order to reinforce concepts through hands on group projects. Multimedia students often create short video productions for various events in the school. Creativity, experimentation and cooperation are strongly encouraged.

Outdoor Education



Are you a true Voyageur? Are you ready for an adventure? Welcome to the wilderness!!! In the spirit of our Voyageurs tradition, students in this option will have the opportunity to learn about hiking, canoeing, environment awareness, animal identification, survival, and several other exciting skills. Canoeing expeditions and overnight camping trips are also part of the program.

Outdoor Pursuits



The aim of the Outdoor Pursuits course is to develop the knowledge, skills and positive attitudes of individuals, so that they will be self-confident, capable and committed to setting goals, making informed choices in preparation for lifelong educational experiences. The option is both classroom and activity based. Individuals must be willing to take part in group activities and in individual indoor and outdoor activities in a variety of settings. Some of the activities that may be offered include the following: soccer; broomball; x-country skiing; ringette; flag football; archery; co-operative games; sports climbing, field lacrosse, etc.

Play Production 9 – Grade 9 Drama



Play Production 9 is a special course designed to provide students with the chance to challenge themselves in the area of play creation. Students will learn what it means to audition, prepare, and perform a play. The course runs throughout the regular school day, with the students presenting their final product in May, performing matinee and evening shows. The experience involves self-motivation and commitment while students take direction in blocking, line memorization, and acting technique, all with the ultimate reward of being a part of an amazing final production!

Singing Ensemble – Grade 7



Sir George Simpson is thrilled to announce its newest Fine Arts option: Singing! Are you wanting to improve your musical skills with note reading, singing and performing? Do you love to learn about music past and present? Do you love to record original compositions? This class is designed for students to develop their musical talents through singing, customized to their learning style and their interests. A musical theatre element and performances with instrumental ensemble will be included and all students will be provided performance opportunities throughout the year tailored to fit their comfort and skill. This is a unique opportunity for the students to develop their own musical skills and creativity. A wonderful complement to their private music studies, the SGS Band and Drama programs.

Yoga – Grade 8



Yoga, a life-changing option! The goal of this option is to develop a yoga practice that encourages students to shut out the many stimulants that surround them and learn to listen to their own bodies for guidance. Yoga promotes healthier lifestyles and better decision making for students in this transitional age. Yoga will be kept as a fun activity while stimulating many learning styles and providing time for quiet breathing, self-reflection, muscle strengthening and balance amid a fast paced and sometimes stressful world. Along with the practical portion of YOGA, students will also participate in other fitness-related activities that will help prepare them for their journey.

PLEASE NOTE: A REGISTRATION FORM MUST BE INCLUDED WITH THE OPTION FORM

SCHOOL FEES

School fees are mailed in late September/early October once the students are set in the options.

Grade 7 Student Activities Fee	\$ 70.00
Grade 8 Student Activities Fee	\$ 70.00
Grade 9 Student Activities Fee	\$ 90.00
Life Skills and PACE Student Field Trip Fee	\$ 20.00
Lunch Supervision	\$ 60.00
Locks	\$ 8.00

<u>OPTION FEES</u>	Yearly Fee	Yearly Fee
	OPTION A	OPTION B
Art	\$ 40.00	\$ 30.00
Band	\$ 50.00	\$ 50.00
Book Club / Film Studies <i>Field trip fee</i>	\$ 20.00	\$ 20.00
Drama <i>Field trip fee</i>	\$ 30.00	\$ 30.00
First Nation & Métis Culture <i>Field trip fee</i>	N/A	Fee per trip
Fit For Life <i>Course fee</i> <i>Field trip fee</i>	\$50.00	\$35.00
	\$70.00	\$70.00
Foods and Fashion	\$ 40.00	\$ 30.00
Girl Power	\$15.00	N/A
Guitar	N/A	\$ 20.00
Hockey Academy (French Immersion students only)	N/A	\$157.50 per month
Industrial Arts	\$ 40.00	\$ 30.00
Leadership <i>Field trip fee</i>	N/A	\$ 20.00
Military History <i>Field trip fee</i>	N/A	\$ 20.00
Multimedia Studies	\$ 40.00	\$ 30.00
Outdoor Education (camping) <i>Field trip fee</i>	\$300.00	\$300.00

BELL SCHEDULE

8:21.....Warning Bell
8:25 - 8:30.....Registration
8:32 - 9:21.....Period One
9:25 - 10:14....Period Two
10:14 - 10:21....BREAK
10:21 - 11:10....Period Three
11:14 - 12:03....Period Four
12:03 - 12:43....LUNCH

12:43 Warning Bell
12:45 - 12:48....Registration
12:51 - 1:40.....Period Five
1:44 - 2:33.....Period Six
2:37 - 3:00.....DEVOIR
3:00.....Dismissal

